



# NEEDS & WANTS: VALUES AT WORK

## What are your career/work/job values?

Understanding individual work values is the cornerstone of good career choice. Spend some time thinking about the next question and working in rough first before you complete this page.

### Q: When I think about career/work/job, what matters to me?

Using a separate piece of paper, write down every element that occurs to you (aim for short phrases of no more than four words). Now rank these in order of importance to discover your top 8 work values.

1

2

3

4

5

6

7

8

Now ask yourself:

### Q: What would cause me to leave an organisation?

If it is not already on your list, add it as your 9th value. Check the order and amend as appropriate so you are clear.

9



What have I learnt from this activity?